

# Kendrick View

Telegraph

## *Dental visits prevent heart attacks*

A professional clean from the dentist can reduce the risk of a heart attack or stroke, according to research.

A study of 100,000 people found those who had their teeth scraped and cleaned by a dentist had a 24 per cent lower risk of a heart attack and a 13 per cent lower risk of a stroke in the seven years following the Appointment. The findings were presented at the American Heart Association Scientific Meeting.

Dr Emily Chen, cardiology fellow at the veterans General Hospital in Taipei, Taiwan, said: "Protection from heart disease and stroke was more pronounced in participants who got tooth scaling at least once a year". The study included more than 51,000 adults who had received at least one full or partial tooth scaling treatment over the course of a year and a similar number of people who had no tooth scaling.

Dr Nigel Carter, chief executive of the British Dental Health Foundation, said:

"Professional tooth scaling will remove the tartar, essentially a build-up of hardened plaque, from our mouths. If this is not taken away, then the gums will become inflamed, causing gingivitis and eventually gum disease. This is when your general health, not just your oral health, could be affected."



## *New Staff*

We would like to welcome to the team, Mica Cyrus. Mica previously worked at University Dental Centre, her first nursing role, and qualified in November 2010. Her interests lie with anxious patients ensuring they feel comfortable and relaxed. Mica hopes to progress in her nursing career by gaining responsibility and skill working with Dr Afif Hanif and the Kendrick View team.



We would also like to welcome our newest member of the team, Carole McGuinness. Carole qualified as a dental nurse in 1977 and has come to us from Blandy House, Henley On Thames, where she has worked for 22years. Carole has gained a wealth of experience in areas such as Implants, Orthodontics and Smile Makeovers. Looking forward to working in a larger team, Carole hopes to bring enthusiasm and knowledge to her role working with Dr Ritu Maini and the Kendrick View team.

## *ArmourBite*

We are now selling off the shelf as well as custom made ArmourBite Mouthguards and Mouthpieces. They are sold in adult and youth sizes. They aim to help your body help itself by relaxing the jaw, releasing stress improving your performance across all sports. If you have any questions regarding the product please don't hesitate to ask us at reception.



## **Don't Keep Us A Secret**

We are always happy to accept new patients and we particularly welcome referrals from our existing Patients.  
Nice People have Nice Friends.

# Kendrick View

## Implants

Implants have been in the news recently but in this case it was faulty breast implants, not dental implants. It seems the implants used were not of medical quality and apparently the prices quoted to buy them from the suppliers were too good to be true. Nevertheless, many clinics failed to check this and went on to place many thousands in unsuspecting patients.

This news item has a parallel to us at Kendrick View Dental Practice where we place dental implants for our patients. Patients tell us of places abroad or even sometimes in this country where they can have treatment with dental implants at a lower price than we are able to offer. You have to ask yourself how they are able to do this. We believe that we should only place top of the range implants because we believe that our patients have the right to expect that the materials we use are fully researched and do not fail through poor design or manufacture.

We only use the most reputable manufacturers, predominantly Nobel Biocare, Astra or Straumann, who are all considered to be world leaders in the field of dental implant manufacture.

Also at Kendrick View Dental Practice we show similar care when choosing all our other dental materials. We trust that we always buy the best materials for use on our patients and do not economise on quality as we believe we should provide the best available and not expose our patients to any unnecessary risk.

## Investor In People

That time again—had it really been 3 years since our last review by investor in people.

The process of assessment was met with some trepidation especially from members of the team who were randomly selected for interrogation (whoops of course I mean interview)!

The aim for Dr Ramsden, the assessor appointed by IIP was to ascertain whether Kendrick View still meets the standard required to be awarded an IIP. I am pleased and proud to say that we were successful and it has been suggested that the practice should go for silver next time.

For those of you not familiar with the IIP process, the assessor looks at a variety of different areas; for example

- Business Strategy
- Learning & Development
- Leadership & Management

Kendrick View was commended for their social care and flexibility particularly in accommodating those members requiring part time working hours.

A big thank you to the team who are great ambassadors for us.



## Whitening Promotion

Good news.....We are carrying on our whitening promotion until the end of January! We offer a range of whitening here at Kendrick View, and are currently running the offer on Optident White bleaching trays.

**Start the New Year  
with a  
sparkling smile  
£295  
(Normally  
£375)**

Please ask your dentist or reception for more details and to book your holiday smiles!

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[www.kendrickdental.co.uk](http://www.kendrickdental.co.uk)